

About this Journal

A mirror is a metaphor for possible worlds and a portal to new ones. A mirror reveals, providing us with a perspective of ourselves previously unseen. The idea behind *The Mirror* is for the journal to be of personal value to the members of the Moreno Psychodrama Society, thereby providing a reflection of who we are, our work and our experiences.



The Mirror is a publication of the Moreno Psychodrama Society (MPS). MPS is a body of people working together to bring psychodrama into many areas of our world. It is also the umbrella organisation for the Psychodrama Institute of Melbourne and the Psychodrama Institute of Aotearoa (both accredited training institutes with the Australian and Aotearoa Board of Psychodrama) that stands for, and promotes the development of mutual relationship and community through the unique expression of its members. One of the society's primary requirements for psychodrama accreditation is that trainees complete two papers, projects or theses on the theory and application of the psychodrama method. Looking at this body of work, we saw that these papers were so full of the beauty, ideas and voices of our community that we decided to invite these authors to bring forward their work for publication in their journal. The central aim of this journal is to bring to life the papers, projects and ideas of our members, colleagues and friends that is relevant to the theory, application and research of the psychodrama method. We encourage new writers with short essays, poems and papers. To our readers, we invite you to dip into what we offer, take with it what you want, and feel free to submit your own writings. We welcome your contributions.

Enjoy!

Sue Daniel